

handbook of positive emotions pdf

This authoritative handbook reviews the breadth of current knowledge about positive emotions: their nature, functions, and consequences for individuals and society. Specific emotions are analyzed in depth, including happiness, pride, romantic love, compassion, gratitude, awe, challenge, and hope.

Handbook of Positive Emotions - Guilford Press

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In press, Handbook of Positive Emotions (Eds: Tugade, Shiota, & Kirby). New York: Guilford. ... happiness, compassion, and gratitude—positive emotions that not only feel good, but also appear to be good for us and those around us. Unlike those emotions, pride is not a purely “positive”™

Handbook of Positive Emotions New York: Guilford. Jessica

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tions on several emotions. The narratives reflected both positive (warmth, joy, elation, tender-ness, gratitude) and negative (sadness, irritation, fear) emotions, although the former outnumbered the latter. We (Wildschut, Sedikides, Arndt, & Routledge, 2006, Studies 1–2) used a similar methodology.

The Wiley Handbook of Positive Clinical Psychology (1)

Topics include not only happiness—which has been perhaps misrepresented in the popular media as the entirety of the field—but also hope, strengths, positive emotions, life longings, creativity, emotional creativity, courage, and more, plus guidelines for applying what has worked for people across time and cultures.

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